



**Mitcham**  
Primary School  
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## MITCHAM PRIMARY SCHOOL NEWSLETTER

# Mitchat

### IMPORTANT DATES

<b>NOV 13</b>	LAST DAY 2021 PLACEMENT REQUESTS
<b>NOV 16</b>	SCHOOL PHOTOS
<b>DEC 18</b>	PUPIL FREE DAY
<b>DEC 18</b>	LAST DAY TERM 4
<b>JAN 28</b>	FIRST DAY TERM 1
<b>APRIL 1</b>	LAST DAY TERM 1
<b>APRIL 19</b>	FIRST DAY TERM 2
<b>JUNE 25</b>	LAST DAY TERM 2
<b>JULY 12</b>	FIRST DAY TERM 3
<b>SEPT 17</b>	LAST DAY TERM 3
<b>OCT 4</b>	FIRST DAY TERM 4
<b>DEC 17</b>	LAST DAY TERM 4



VALUE OF THE  
MONTH

**KINDNESS**

### IN THIS ISSUE

- FROM THE PRINCIPAL'S DESK
- STUDENTS OF THE WEEK
- IMPORTANT INFORMATION
- SCHOOL PHOTOS UPDATE
- OSHCLUB NEWS
- ... AND MORE



# FROM THE PRINCIPAL'S DESK

## PUPIL FREE DAY

I hope you all enjoyed a lovely long weekend. The pupil free day on Monday was a wonderful opportunity for staff at MPS to reflect upon our 2020 programs, to review the curriculum and set the direction for teaching and learning in 2021.

## PREP AND MONTESSORI TRANSITION TO SCHOOL

We are really pleased to have some restrictions lifted that will allow us to have 10 students (Montessori and Mainstream) for 2021 onsite for our Transition program. We are currently adjusting the program accordingly and will be rotating groups of students coming onsite.

## PARENT OPINION SURVEY 2020

WE WANT OUR PARENTS TO TELL US WHAT THEY THINK!

Our school is conducting a survey to find out what parents think of our school. The Parent Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst a sample of randomly selected parents. It is designed to assist schools in gaining an understanding of parents' perceptions of school climate (overall school culture), student behaviour, student engagement and experiences of remote and flexible learning.

Our school will use the survey results to help inform and direct future school planning and improvement strategies. In fact, past survey results are being looked at tomorrow as part of our school review.

A random selection of parents will be invited to participate in this year's survey. They will receive a link, to their email account, at the end of this week. The survey can be accessed via desktop computer, laptop, tablet or mobile up to Friday 13 November.

All survey responses are anonymous. If you receive a survey link, I strongly encourage you to take the time to complete it (approx. 20 minutes). You are a representative group having a voice in providing feedback and informing future school improvements.

## 2021

With November upon us we are starting to look at

grade structures and staffing for next year and it is vital that we are as accurate as possible when it comes to projected numbers. If you know your child will not be returning to us next year (apart from our Year 6s), please let us know as soon as possible. It's amazing what a difference a couple of children here or there can make to our numbers and affect the school budget.

Additionally, if parents have a request regarding the placement of their child for 2021, please let me know as soon as possible via email. Please note we do not take requests for particular teachers, only with regards to special circumstances you feel we may not be aware of that are relevant to your child.

All requests for 2021 will need to be sent to me by Friday 13th November. If you have made a request in the past, we ask that you notify us again, as old issues can often resolve themselves.

## BIKES AND SCOOTERS

It is fabulous to see so many students riding their scooters and bikes to school. Early in 2021 we plan to install new bike racks for safe storage of bikes and scooters. Could I please ask parents to remind children, for safety reasons, that they need to walk, not ride, their bikes and scooters through the school grounds.

Wishing all families, a lovely weekend.

**Erin Norman**

**Principal**

## VIRTUAL ASSEMBLY

To help keep our students up to date with all that's happening throughout our school, this week we decided to put together our first ever virtual assembly.

Students enjoyed the assembly from the comfort of their classrooms, either during lunch eating time or at the end of the day. Click the link below to watch our first ever virtual assembly.

[CLICK HERE TO WATCH](#)



ENROL NOW FOR PREP, 2021

Mitcham Primary School

NOW ENROLLING

PREP

2021



Ph. (03) 9873 1551

W. [mitcham.ps.vic.edu.au](http://mitcham.ps.vic.edu.au)

E. [mitcham.ps@education.vic.gov.au](mailto:mitcham.ps@education.vic.gov.au)



# STUDENTS OF THE WEEK!

## STUDENTS OF THE WEEK

**Nathan, Prep A:** For how wonderfully you have settled into Prep A. We are so happy to have you in our class!

**Vidhaan, Prep C:** I am so proud of all the effort that you've been putting into ALL your learning - Keep up the amazing 5 star work superstar!

**Olivia, Prep D:** For creating some amazing imaginary animals for your writing! You had a great attitude when drawing them and they had so much detail! Super work, Olivia.

**Spencer 1/2 A:** For approaching every task this week with a positive and "give it a go" attitude. Well Done Spencer! Keep it up :)

**Tom 1/2 B:** For being a responsible and excellent role model for the class. We love having you as a leader in 1/2 B! Keep it up!

**Linkhon 1/2 E:** It has been lovely to see you enjoying school and trying your best with your learning. I love seeing your successes.

**Kairi 1-3 A:** You have a bright and cheerful attitude everyday and you are very adept at problem solving.

**Isla 1-3B:** For engaging in all the lessons and for including others in your work. For showing great leadership and kindness everyday.

**Elii 3/4 A:** It is lovely to see you settling into the Mitcham life and making some lovely friendships. We will miss you next year!

**Bella 3/4 C:** For showing kindness and care towards her peers.

**Jaz 3/4 D:** For your enthusiasm this week. It is always a pleasure working with you and I loved sharing your successes with you in Maths!

**Ella 3 -6 B:** It is great to see your enthusiasm in our class. It is also lovely to watch you working so well with others.

**All Grade 5/6:** Your teachers are so proud of your open mindedness and respectfulness. What a wonderful community you are all creating. This was shown even more so this week in our health classes. Go you good thing(s)!



## LUNCH ORDERS RESUMPTION OF SERVICE

### Wednesdays & Fridays

Greetings to everyone at MPS! We hope that you and your families have all managed well through all that COVID has thrown our way.

Please know and be assured that we have Food Safety and Occupation Health and Safety at the forefront of our minds. In our workplace masks, gloves and temperature checks are the new norm for all of our staff. We have completed a COVID Safe Plan in accordance with the mandated guidelines from DHHS. In terms of Food Handling and Safety we've always adhered to best practice and fortunately never had a food safety issue so we're confident we can operate safely on that level!

In Term 4, we will be operating on Wednesdays and Fridays, with option available from the attached menu.

We look forward to resuming our service and continuing to delight your school community with our Lunch Service.

[www.classroomcuisine.com.au](http://www.classroomcuisine.com.au)

[CLICK HERE TO ORDER](#)



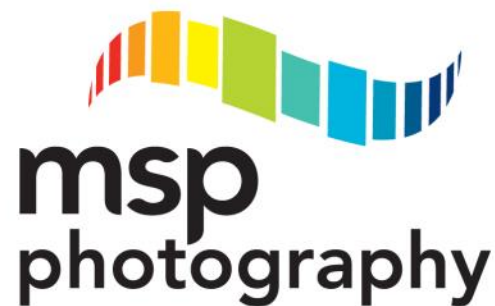
# Mitcham Primary School

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# SCHOOL PHOTO UPDATE



## Mitcham PS Portrait Photo Day Monday 16th November 2020

### Orders and Payments

can be made through your Compass Portal. You will receive a link by email to access ordering, alternatively log into your Compass Portal and follow the link under the 'My News' Section

Each Student will be photographed individually, with the group created digitally as a composite.

This will eliminate the need for students to be grouped together in close contact with either themselves or staff



**LIFE IS EASIER WITH MSP**

If you are having any problems please contact us;  
[admin.nem@msp.com.au](mailto:admin.nem@msp.com.au)

# IMPORTANT INFORMATION

## IMPORTANT CHANGES TO CSEF FOR 2020

In acknowledgement of the significant and ongoing challenges facing our parent community, the Minister for Education has approved that the eligibility to qualify for CSEF be extended to 5 October 2020, with applications due by **27 November 2020**.

CSEF payments for these students will be made at 50 per cent of the standard primary and secondary rates, recognising that opportunities for camps, sports and excursions have been limited in 2020.

In addition, schools will be able to use CSEF payments for voluntary school charges, books and stationery for the remainder of 2020.

If your family have recently received a concession/Health Care Card, or already possessed a Health Care Card but did not apply for CSEF, please contact our school office in order to apply for these funds to assist in your child's school needs.

[CSEF APPLICATION](#)

## HAVE YOUR CONTACT DETAILS CHANGED?

When moving house, switching your phone number, changing your place of employment, or even a change of number for one of your child's emergency contacts, don't forget to notify the school office of any alterations. This helps us, help your child and your family should we need to contact you.

## STORY BOX LIBRARY

Don't forget, as a member of the Mitcham Primary School Community, you get free access to Story Box Library! Our login details are:

**Username:** Mitcham Primary School

**Password:** MPS

**ADVERTISING NOTE:** The Department of Education and Training and Early Childhood Development

(DEECD) does not endorse the products or services of any private advertisers. No responsibility is accepted by DEECD for accuracy of information.

## SCHOOL BANKING

With the School Banking program remaining on hold, the Commonwealth Bank School Banking Program will continue to monitor the situation and keep you informed with any updates including how we will be managing Dollarmite tokens for students. In the meantime, here are some handy online resources for parents who wish to maintain momentum with their child's financial education:

[CLICK HERE FOR START SMART](#)

**Start Smart:** these resources have been created to improve children's money management skills, and is aligned to the Australian Curriculum and the National Consumer Financial Literacy Framework

[CLICK HERE FOR THE BEANSTALK](#)

**The Beanstalk:** offers videos and fun activities for children to learn about money.

## 2021 ENROLMENTS

If you have children starting Prep next year, we encourage you to complete an enrolment form, these are available from the Prep & Transition page of our website or by clicking the link below:

[PREP ENROLMENT FORM](#)

Hoping for a school tour first? Unfortunately we are unable to hold on site school tours at the moment, however, please enjoy a virtual tour, available from the homepage of our website, our Facebook page, or click below:

[VIRTUAL SCHOOL TOUR](#)

# WHAT CAN I DO AT LUNCH TIME?

Term 4  
2020



<b>Mon</b>	Gardening Club  Wellbeing Club  Art Club	Senior School- First Half Lunch  Whole School- First Half Lunch  Whole School- First Half Lunch
<b>Tue</b>	Quiet Space  Short Film Editing	Whole School- First Half Lunch  Grade 5/6- First Half Lunch
<b>Wed</b>	Quiet Space	Whole School- First Half Lunch
<b>Thur</b>	Quiet Space  Dance Club  Senior Choir	Whole School- First Half Lunch  Junior School- First Half Lunch  Senior School- Second Half Lunch
<b>Fri</b>	Library Reading	Whole School- First Half Lunch



Dear Mitcham OSHClub Parents,

We hope you all enjoyed the extra long weekend.

At Mitcham OSH children were excited to open the Kmart deliveries. Along with organising the room with new toys children also worked on decorating hats and making movable horses to celebrate Melbourne Cup Day. Children are loving new toys and also working on assembling the new pretend kitchen for the pretend play area.

Winners of the Bandana Designing Challenge organised last week are Sebastian 3/4 A and Miguel 1/2 D.

## COVID-19 PROCEDURES

We are constantly monitoring the children's hand washing routine. We have reiterated to the children that they must wash their hands for 20 seconds or more. Some ways we have suggested this to them is by signing the alphabet or singing the happy birthday song while washing hands. If you have any concerns and or questions regarding the COVID-19 situation, please communicate this to our staff.

**NOTE:** All the Preps, Grade 1's and 2's will be picked up from the basketball court in the afternoon and dropped to their classes in the morning when attending the school. The Tirana street car park gate and the pedestrian gate will remain closed all the time. If you are dropping or picking up the child/ren from OSHclub please call us on 0422 097 497 and Oshclub staff member will escort child to from the gate to the osh building and vice a versa.

## UPDATING CONTACT DETAILS

Please remember to update your contact details, especially the phone numbers and address along with any medical conditions on the enrolment form if there is any change. This can be done online at [www.oshclub.com.au](http://www.oshclub.com.au)

## BOOKING POLICY FOR BSC & ASC SESSIONS

Parents will not be able to book their child online within 24 hours of a session's commencement time. Parents can book their child into the program on the day by calling or texting 0422 097 497.

Program times are from 7.00am - 9.00am and 2:30pm - 6:30pm, bookings will be confirmed during these times.

A late booking fee of \$4 will automatically be charged when a booking is made at short notice (0-24 hrs ahead of the start time of the session).

When a child is booked but does not attend their session, and there has been no notification that they will be absent, a \$5 'no-show' fee will be incurred. Our cancellation policy is now 48 hours before the session commences. Cancellations within 48 hours will incur the full fee.

WEEK 6: BEFORE SCHOOL CARE	
DAY	ACTIVITY
MONDAY	Create a Shop with Recycling Material & Sportsfield
TUESDAY	Mr Recycled Head Craft & Gaga Ball
WEDNESDAY	Diwali Colouring & Tag
THURSDAY	Happy Diwali Poster & Coconut Macaroons
FRIDAY	Memory Match & Adventure Net
WEEK 6: AFTER SCHOOL CARE	
DAY	ACTIVITY
MONDAY	Rubbish Pickup & Reduce, Reuse, Recycle Tag
TUESDAY	NAIDOC Week Play & Zumba
WEDNESDAY	Diwali Paper Lights & Cricket
THURSDAY	NAIDOC Week Chalk Drawing & Running
FRIDAY	Make an Aboriginal Flag & Chinese Wall

**Enrol Now:** [www.oshclub.com.au](http://www.oshclub.com.au)

**OSHClub Program Phone:** 0422 097 497

**OSHClub Head Office:** 1300 395 735



## MENU – TERM 4, 2020

Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED.  
Please see Website 'Order Now' page for Days we deliver to your School!

### LUNCH ITEM ONE

#### SALADS

Greek Style Salad with Feta and Olives (V, GF)  
Pic(k)nic Box – Vegetarian (V, GF)  
Pic(k)nic Box with Ham (GF)

#### SAVOURY MUFFINS

Zucchini, Pea & Mint Homemade Muffin (V)  
Pumpkin & Feta Homemade Muffin (V)

#### SUSHI

Teriyaki Chicken Hand Rolls (2)  
Cooked Tuna Hand Rolls (2)  
Avocado Hand Rolls (2)  
Cucumber Hand Rolls (2)  
Vegetarian Hand Rolls (2)

#### BAKERY

Cheese and Bacon Roll  
Cheese and Vegemite Scroll (w/m)  
SCROLL with Ham & Cheese  
Semi Dried Tomato and Olive Scroll  
Topped with Only Cheese Roll

#### PITA PIZZA'S

Margherita Pita Pizza  
Ham and Pineapple Pita Pizza  
Fresh Tomato and Italian Herb Pita Pizza  
Spinach and Feta Pita Pizza

#### SANDWICHES, ROLLS & WRAPS

Turkey, Cranberry, Lettuce and Cheese Sandwich  
Gluten Free Ham & Cheese Sandwich (GF)  
Cucumber & Ham Sandwich (GF)  
Vegemite Sandwich  
Mild Salami and Salad Roll  
Roast Beef, Fruit Chutney, Cheese and Lettuce Roll  
Cheese and Salad Roll  
Wholegrain Cheese and Tomato Sandwich  
WRAP (GF) Ham and Salad  
GF Vegemite & Tasty Cheese Sandwich  
Chicken and Salad Roll

### LUNCH ITEM TWO/THREE

#### FRESH FRUIT & VEG

Fresh Fruit Combo  
Freshly chopped Strawberries & Grapes  
Apple with Lemon Juice, Brown Sugar & Cinnamon  
Freshly chopped Watermelon  
Celery & Carrot Sticks with Sultanas  
Chopped Carrot, Cucumber, Red & Yellow Capsicum  
Whole Fruit – Banana  
Lightly Steamed Corn Wheels with Broccoli  
Sugar Snap Peas, Beans & Cherry Tomatoes  
Edamame (Lightly Salted)  
Freshly Chopped Orange Segments  
Cherry Tomatoes with Tasty Cheese & Rice Crackers

#### BAKED GOODS

Choc Chip Cookie  
Finger Bun with Sprinkles  
Hedgehog Slice  
Choc Cup Cake (GF,DF)  
Blueberry Muffin

#### YOGHURT

Strawberry Chobani Yoghurt  
Blueberry Chobani Yoghurt  
Plain Chobani Yoghurt  
Passionfruit Chobani Yoghurt

#### DIPS & CRACKERS

Tzatziki Dip with Rice Crackers  
Avocado Dip with Rice Crackers  
Spring Onion Dip with Rice Crackers

#### POPCORN/SNACKS

Popcorn, Lightly Salted  
Popcorn Slightly Sweet, Lightly Salted  
Lightly salted Fav'va Beans

#### DRINKS

Apple Juice  
Orange Juice  
Full Cream Milk  
Nippy's Chocolate Milk  
So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School!

For more information; Ingredients, Portion Size and Pricing visit the Our Menu Page at

[www.classroomcuisine.com.au](http://www.classroomcuisine.com.au)

# The Neurobiology of Change:

## Supporting Children and Young People through Transitions & Uncertainty



### Overview

Over the past six months, the world has changed dramatically. Children and young people have experienced uncertainty, chaos and unpredictability. For traumatised children and young people, the environment has more than likely amplified their already stressed internal systems. This workshop begins to explore how transitions can be understood and managed more effectively.

A trauma-responsive approach explores how the continuity of significant relationships around children and young people can provide comfort, safety, and predictability during periods of intense change. In particular, well organised relationships offer reliable and anticipated connections for children in the face of not knowing what the next disruption will be and how it will affect them.

### Learning Outcomes

- Explore the neurobiology of change: Increase your understanding of the brain-body response to change
- Identify indicators of Toxic Stress in the classroom
- Responding effectively to children and young people, to support them in managing transitions and change
- Consider what you need in order to be an effective external regulator

### Time:

4.00pm – 5.00pm

### Date:

Wednesday 18<sup>th</sup> November 2020

### Venue:

Online virtual classroom –

Link will be distributed prior to session via email